

# Saturday, October 28, 2023

08.00	Registration of the participants	Coach the Coach Team	
09.45	Greetings	Kai Gerber, Raeda Sports	German
10.00	Tennis is blue	Espen Foss, Norway	English
11.00	Psychologically oriented kids tennis training	Ilona Schönmann & Jürg Bühler, Switzerland	German
12.00	Lunch "Meet & Greet"		
13.30	Implicit learning in the red level	Nina Nittinger & Martin Golser, Switzerland	German
14.30	Athletic training in kids tennis	Bram Beynen, Belgium	English
15.30	Break		
16.00	Panel Discussion: Girls Tennis	Nina Nittinger, Switzerland Petra Russegger, Austria Ilona Schönmann, Switzerland	German
17.00	Serve and return in the orange court	Mark Tennant, England	English
18.30	Aperitif "Meet & Greet"		

# Sunday, October 29, 2023

08.00	Arrival with coffee and croissants		
08.45	Introduction 2nd workshop day	Kai Gerber, Raeda Sports	German
09.00	Learning level green	Piotr Unierzyski, Poland	English
10.00	From the green to the yellow ball	Tamas Bogyo, Hungary	English
11.00	Break		
11.30	Panel Discussion: From the talent to elite sport	Giulia Steingruber, <i>former professional gymnast</i> Antonio Djakovic, <i>professional swimmer</i> Nora Rezzonico & Mutter Marion, <i>tennis talent</i> Steve Schennach, <i>Schweizer Sporthilfe</i> Alessandro Greco, <i>Swiss Tennis</i>	German
13.00	The transition to competitive sport	Carl Maes, Belgium	English
14.30	End of the Workshop		
15.30	Start of the Swiss Indoors Basel Finals	Participants with the Swiss Indoors Tickets	

All lectures will be simultaneously translated (German to English and English to German)





# **TOPICS AND SPEAKERS**

1 29.10.23 / from 08.00

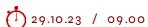
Arrival with Coffee and Croissants



Introduction 2nd Workshop Day



Kai Gerber Kai Gerber is co-founder of Raeda Sports and initiator of the Coach the Coaches Workshops.

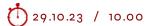


## Learning Level green



Piotr Unierzyski, Poland

Piotr is a coach and trainer educator. After an intense tennis career, he has been working at the Sports University in Poznań for 30 years, but also as a coach with players of all levels; from beginners to professionals. He was also the Polish national coach and ITF touring team coach. He also trained over 2'000 coaches in over 20 different countries. Piotr has been heavily involved with Tennis10 and the Play&Stay campaign in Poland and internationally since the beginning of the campaign. Piotr holds a PhD in Sport Science, has written over 100 scientific and methodological publications, 7 books and serves on the editorial boards of several scientific journals.



## From the green to the yellow ball



Tamas Bogyo, Hungary

Tamas has dedicated his life to coaching tennis and runs programs for tennis coaches worldwide. He is an official spokesman for GPTCA, PTR, USTA and BTCA. Over the last 3 years he has been a speaker at conferences in more than 20 different countries. In addition, Tamas was the coach of some top 100 WTA and ATP players such as Zsáfia Gubacsi, Rita Kuti Kis or Attila Sávolt. He was also the Hungarian ITF Elite Team Coach from 2012 to 2015. In 2018 he was part of Denis Shapovalov's team with his Davis Cup player Peter Nagy throughout the clay season.



Break



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recommended" - Novak Djokovic, Feb 2021

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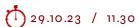
Das seit über 40 Jahren führende Sport-Orthopädie-Zentrum der Schweiz







# **TOPICS AND SPEAKERS**



#### Panel Discussion:

# From the talent to elite sport

What challenges and burdens will the athletes and parents face?

What can associations or foundations do to help the talents financially and mentally?

#### Giulia Steingruber, Switzerland

Giulia Steingruber was born on March 24, 1994 in Gossau. At the age of seven she discovered her great passion, artistic gymnastics. She retired from top-level sport at the age of 27. With 6 European championship titles, a world championship medal and the Olympic bronze medal at the Olympic Games in Rio, Giulia is the most successful Swiss gymnast of all time and was one of the world's best gymnasts. Today Giulia is a successful influencer and speaker and co-author of her book "Giulia - her way". She is publicly committed to promoting female sports and has created a movement concept for young people.



#### Antonio Djakovic, Switzerland

Antonio Djakovic was born on October 8th, 2002 and lives in Uster. He grew up in Münchwilen TG. At the sports office in Uster, he completed the sports KV apprenticeship, which he successfully completed last year. Antonio is the newest star in the Swiss swimming team and is the first Swiss to win two individual medals at a European Championships, at the age of 19 in the 200m and 400m freestyle at the 2022 European Championships in Rome. At the beginning of this year, Antonio took the step to become a professional swimmer.



#### Nora Rezzonico with her mother Marion, Switzerland

Nora has one dream and one goal - to become as good a tennis player as Belinda Bencic and place herself in the top 10 in the world. Nora Rezzonico is only 14 years old. Starting this year, she has been playing tennis at the age of 4 and was accepted into the Swiss Tennis junior squad this year. Since this year, she has been playing international ITF tournaments at the junior level. The start of a tennis career requires a lot of training, diligence and perseverance from Nora. It requires a lot of time and money from the parents. Nora will be talking with her mother about the challenges (financial, organizational (tournaments, family, etc.) of her first year on the ITF Junior Tour.



#### Steve Schennach, Switzerland

Steve Schennach is Managing Director of the Foundation Schweizer Sporthilfe since spring 2019. As a former board member and sports marketing specialist, it is his job to lead the well-established foundation into the future. He has been a passionate athlete and a big sports fan since childhood, which has a considerable influence on his way of thinking and his work for Swiss athletes and Swiss sport. He enjoys his free time with his family and his favorite dog.

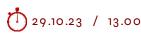


## Alessandro Greco, Switzerland

Alessandro is 43 years old and is employed as the head of elite sport at Swiss Tennis since 2012. He is also the deputy managing director. He has a lic rer pol education, is a Spanish, Italian and Swiss citizen and speaks 5 languages. His main tasks at Swiss Tennis are:



- \* general strategic and operational management of the elite sport in Switzerland
- \* responsibility and management of the National Performance Center in Biel, including the boarding school and the national
- responsibility for all Swiss national and junior squads as well as national squad players (incl. national teams)
- \* responsibility for the international Tournaments in Switzerland

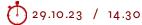


## The transition to competitive sport

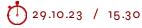
#### Carl Maes, Belgium

Carl Maes is best known for coaching the former world No. 1 Kim Clijsters for over a decade. Carl was Academy Director of the Kim Clijsters Academy for 6 years. The academy trained international junior and professional players from 62 different countries at the academy. Several professional players like Elise Mertens, Sorana Cirstea, Ana Konjuh, Kimmer Coppejans, even Kei Nishikori were under his supervision at the academy. He also led the 2006 Belgium Fed Cup team to the final. Carl has extensive experience as an Academy Director at Kim Clijsters Academy, Performance Director at the Tenerife Tennis Academy and is now Co-Founder and Performance Director at the Soto Tennis Academy near Marbella.





End of the Coach the Coaches Workshop 2023



Start of the Finals of the Swiss Indoors Basel Participants with ticket option